



SJB Boys Spring Track & Field Records as of 4/1/24

100 Meter Dash:

10.5 Jake Rachiele '08

Frosh Record: 10.9 Jake Rachiele '06 - Soph Record: 10.8 Jake Rachiele '07

110 Meter High Hurdles:

14.66 Elijah Pardo '10

Frosh Record 16.2 Joe Micheels '07 - Soph Record 15.96 LaQuann Martinez '10

200 Meter Dash:

21.78 Jake Rachiele '09

Frosh Record 23.2 John Selle '10 - Soph Record 22.5 Jake Rachiele '07

400 Meter Dash:

49.10 Danny Harris '06

Frosh Record: 51.91 Dylan Kort '12 - Soph Record **51.0 Fernando Sanchez '19**

400 Meter Intermediate Hurdles:

53.8 Mike Murphy '76

Frosh Record 58.77 Joe Micheels '07 - Soph Record 58.45 Joe Micheels '08 - Woody's 54.81 F.Sanchez '21

800 Meter:

1:55.08 Jeremy Schneider '13

Frosh Record 2:06.5 Joe Micheels '07 - Soph Record **1:59.45 Fernando Sanchez '19**

1500 Meter:

3:52.6 Mike O'Connor '86

Frosh Record 4:36.71 Paolo Fiore - Soph Record 4:18.5 Mike Petrina - Woody's 4:11.3 Petrina '02

1600 Meter: + One Mile:

4:08.7 Mike O'Connor '86 + 4:10.19 Mike O'Connor '86

Frosh Record **4:42.63 Patrick Fiorillo '17** - Soph Record 4:30.9 Mike Petrina '01 - Woody's 4:18.09 Ferguson '12

2000 Meter:

5:23.30 Mike O'Connor '86

3000 Meter:

8:23.2 Mike O'Connor

3200 Meter: + 2 Mile:

9:03.6 Mike O'Connor + 9:06.82 Mike O'Connor '86

Frosh Record **10:25.17 Patrick Fiorillo '17** - Soph Record 9:56 Mike Petrina '01 - Woody's 9:27.70 Fiore '13

2000 Meter Steeplechase:

6:15.28 Patrick Kain '16

Frosh Record 6:48.70 Patrick Kain '15 - Soph Record 6:15.28 Patrick Kain '16

3000 Meter Steeplechase:

9:26.2 Lloyd Gellineau '81

Frosh Record: 10:21 Patrick Kain '15 - Soph Record 9:34 Patrick Kain '16 - Woody's 9:34 Kain '16

5000 Meter: 15:07.7 Mike O'Connor '86



Hammer:

169 2" Julian Vitucci '24

Shot Put:

52'11 ¾" John Sullivan '74 + Oscar Frisby 52' 11.25" '14

Frosh Record (8lb) 41'10" Derrick McMichael '08 - Soph Record 47'1" Oscar Frisby

Discus:

156'11" John Krumpelbeck '71

Frosh Record 116' 10.5" Simon Cleary '06 – **Soph Record 134'11" Luka Skoda '23** - Woody's 146'4" Frisby '14

Javelin:

133'7" Carey Adams '11

Frosh Record 105'2" Simon Cleary '07 - Soph Record 123'3" Simon Cleary 07

Long Jump:

24' 3.75" Tom Thompson '92

Frosh Record 18'8.5" John Selle '10 - Soph Record 20'4.5" Setiu Solomon '09 – Woody's: 21'10.25 Solomon '10

High Jump:

7'2" Tom Thompson '93

Frosh Record 5'8" Greg Mercado – Soph Record 6' Matt Perelli '8 - Woody's 6'4" Perrelli+Pitt '10

Triple Jump:

46' 6 ½" Amire Solomon '08

Frosh Record 39'5.25" Setiu Solomon - Soph Record 44' 6.5" Setiu Solomon '09

Pole Vault:

14' 6" Joe Schneider '75

Frosh Record: 10 '6" Liam Berrin '15 - Soph Record 12' Liam Berrin '16 – Woody's 12'6 Sabarese '13

Records in YARDS

100 Yard Dash: 10.0 Dave Fitzgerald '70 + Mike Cuniglio '71

120 Yard High Hurdles: 14.3 Mike Murphy '75

220 Yard Dash: 22.2 Dan Hogan '70

440 Yard Dash: 50.2 Rick Van Bourgondien '71

880 Yard Dash: 1:54.8 Paul Reilly '70

Relay Records run in YARDS

4x100 Yard Relay: 44.6 Murphy- Rennard-Lambert-Hannigan '75

4x440 Yard Relay: 3:24.6 Hogan-Klapack-Van Bourgondien-Brad'70

4x880 Yard Relay: 7:52.6 Gerry Casell-Dave Raimondi-Jake Daly-Tom OMalley'73

Distance Medley Relay (yrds): 10:12.8 Haugh-LaGumina-Gardner-Fitzpatrick '75



Relay Team Records:

4x100 Meter: 42.46 J.Rachiele-M.DuPlessis-D.Locher-J.Seagraves '09

Sophomore: 45.4 M.Fitzgerald-A.Ortiz-P.J.Conte-R.Ortiz '04
Freshmen: 48.2 S.Mezzacappa-D.Kort-N.Fitzgerald-S.DeJesus '12

4x200 Meter: 1:29.3 D.Locher-M.DuPlessis-A.Boyce-J.Rachiele '09

Sophomore: 1:33.9 E.Pardo-J.Micheels-J.Hovanec-A.Boyce '08
Freshmen: 1:40.88 T.Cisek-C.Rivera-A.Zigrosser-J.Selle '10

4x400 Meter: 3:18.57 A.Ortiz-D.Harris-A.Jackson-M.Fitzgerald '06

Sophomore: 3:28.05 P.Rowan-J.Selle-A.Zigrosser-J.Schneider '11
Freshmen Class: 3:41.7 J.Rivera-J.Micheels-K.Grell-M.DuPlessis '07

4x800 Meter: 7:37.93 B.Camenzuli-S.Ferguson-S.Solomon-H.Burrell '11

Sophomore Class: 8:13.73 A.Zigrosser- P.Fiore-R.Challenor-J.Hamilton '11
Freshman Class: 8:42.11 C.Welch-P.Fiore-T.Cisek-A.Zigrosser '10

4x1600 Meter: 17:53.6 Haugh-Vasaturo-Dennis, Fitzpatrick'75

Woody's 18:03.93 Zampariello-Fiore-Camenzuli-Ferguson '11
Sophomore: 19:12.29 P.Fiore-R.Challenor-J.Hamilton-J.Morales '11
Freshman: 21:00 P.DeMaio-T.Folan-D.Brown-W.Madden '14

800 Medley Relay: (200-100-100-400)

1:35.10 R.Ortiz-A.Ortiz-M.Fitzgerald-D.Harris '05 + JR Class Record

Sophomore: 1:39.3 E.Pardo-A.Boyce-J.Micheels-J.Hovanec '08
Freshman: 1:43.4 M.DuPlessis-A.Boyce-D.Michel-J.Micheels '07

**1000m Swedish Relay: (100m-200m-300m-400m):
1:58.6 K.Syffrard-J.Selle-P.Rowan-J.Schneider '13**

MileMedleyRelay: (400-200-200-800)

3:35.2 J.Quartararo-D.Spencer-T.Bott-R.Boerjes'04

Sophomore: 3:47 M.DuPlessis-A.Boyce-J.Hovanec-J.Micheels '08
Freshman: 4:06 M.DuPlessis-A.Boyce-D.Michele-J.Micheels '07

4000m Distance Medley Relay (DMR): (1200m-400m-800m-1600m)

10:14. M.Zampariello-H.Burrell-S.Solomon-B.Camenzuli '11

Sophomore: 11:14.6 R.Hannigan-H.Gregg-D.Kort-S.Kildare '13
Freshman: 12:04.82 T.Folan-L.Costa-D.Brown-P.DeMaio '14
Frosh Modified DMR: (800-200-400-1600) 8:34.2 J.Micheels-K.Grell-M.DuPlessis-J.Rivera '07

3x110mHH Shuttle Relay: 48.1 E.Pardo-T.Dulovic-P.Balling '09

4x110mHH Shuttle Relay: 64.3 E.Pardo-R.Baist-T.Dolivic-J.Micheels '08

3x400mIH Relay: 2:55.75 J.Micheels-A.Boyce-E.Pardo '10