# Long Island Elite Indoor Championships Saturday 2/26/2020 at St. Anthony's Indoor Track

Girls followed by Boys in the Running Events

2:00 Boys Weight Throw

## 3:15 Girls Weight Throw: arrive by 2:10pm (Top 3 to Final)

Battcher Flt 1 #1		
23'2		

4:00 55m High Hurdles: Trials

#### 4:15 55m Dash: Trials – arrive by 3:15pm (Top 6 to Final)

Scott H3-Ln2	Simmons H3-Ln1		
6.70	6.83 PR		

## 4:30 Coach Bob Higgins 1000m Run: - arrive by 3:20pm

Aguilar H1 #2		
2:43 PR		

4:55 55m Dash: Finals

5:05 55m High Hurdles: Finals

5:20 600m Run:

5:40 1500m Race Walk

## 5:55 300m Dash: Final on time - arrive by 4:30pm

Oviedo-Torres H1-Ln2		
38.96		

6:10 1500m/1600m Runs

6:25 Fr/Soph 300m Dash:

6:40 Fr/Soph 1600m/1500m Runs:

## 6:55 4x200m Relay: - arrive by 5:30pm

Simmons	Oviedo-Torres	Roman	Surozenski	H2-Ln3
24.4	24.2	24.2	25.1	1:37

Alt: Aleaga

## 7:10 Coach Richard Panker 4x400m Relay: - arrive by 5:30pm

Moloney	Hill	Scott	Robinson	H2-Ln2
53.9	54.5 PR	54.0 PR	54.4	3:35.47
				2 <sup>nd</sup> Place