

St. John the Baptist Cross Country and Track & Field Team Highlights

Under the direction of Coach Wood (8/2000 – 11/2019)

Boys Cross Country + Track & Field: 8/2000 – Present

Girls: XC 8/2001 – 11/2010 + 8/14 – Present - Girls Track & Field: 11/2001 – 6/2003 + 11/2014 – Present



Manhattan Inv.



CHSAA Champs



Cross Country



Winter Track & Field



Spring Track & Field



Millrose Games MSG

17 Nike/New Balance National Scholastic Sports Foundation All Americans

M.Fitzgerald, A.Ortiz, R.Ortiz, D.Harris, J.Rachiele, M.DuPlessis, D.Locher, A.Boyce, E.Pardo, P.Balling, J.Micheels, T.Dulovic, H.Burell, S.Ferguson, S.Solomon, B.Camenzuli, M.Zampariello

45 Varsity School Records Set

2 From Cross Country: Girls 2.5 at VCP (14:52.3) and Girls 5K at Goddard Park, The Brown Invitational Rhode Island (18:01)

17 From Winter: B: 55m, 55mHH, 200m, 300m, 400m, 500m, 600, 800m, Triple Jump, Weight Throw, 4x200, 4x400, 4x800, 3+4Person Shuttle Hurdle, Sprint Medley, Distance Medley
G: 1000m, HJ

26 From Spring: B:100m, 110mHH, 200m, 400m, 800m, 2000m Steeplechase, Hammer Throw, Triple Jump, 4x100, 4x200, 4x400, 4x800, 800Medley, Mile Medley, 3xand4x110mHH, 3x400mIH, 4000mDMR, SP
G: 2000SC, HJ, Swedish Relay, Mile Medley Relay, SP, 100m

2 Catholic State (CHSAA) Records Set - 6 NSCHSAA League Records Set

CHSAA: 4 x 100m Relay (42.46), 4x800m Relay (7:37.93) **League:** 55m, Triple Jump, 1600Medley, 3xShuttle Hurdle Relay, 4xShuttle Hurdle Relay, 4x800m Relay

1 NATIONAL CATHOLIC HIGH SCHOOL RECORD - 4x800 meter relay 7:37.93, 2011

4 Catholic State Team Championships (Girls XC) – 8 NSCHSAA Team Championships (5 Girls + 1 Boys XC - 1 Boys + 1 Girls WT)

89 Individual League Champions since 2001: 5 in Cross Country, 40 in Winter Track and 44 in Spring Track

19 Individual Catholic State Champions since 2001: 2 in Cross Country, 7 in Winter Track and 10 in Spring Track

16 Catholic State Relay Championships since 2001: 8 in Winter Track and 8 in Spring Track

7 Valedictorians - 6 Salutatorians – 3 News12 Scholar Athletes - 9 NSCHSAA XC League Scholar Athletes

Coach Wood has been named NSCHSAA League Coach of the Year 14 Times:

Boys XC: 2016+2019 - Girl's XC: 2003-2005-2006-2007-2008-2009

Boy's Track & Field: 2003-2007-2009-2016 - Girls Track & Field WT2019 +ST 2019

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